



A short guide traveling to & in Napoli

Aurora Biannual May 2024 Napoli

By Flight

Those coming to Naples from overseas will probably opt to fly into the **Capodichino International Airport** https://www.aeroportodinapoli.it/en/) even if a good option is to fly into Fiumicino International Airport in Rome and opt for a train to Napoli. From Rome, you can take the Leonardo Express airport train which takes 30 minutes to reach the main Rome Termini train station located in the city center. Some direct trains from Fiumicino to Napoli are also available daily. At Rome Termini, connect to a high-speed train to Naples. The entire trip from the Fiumicino airport to Naples via train will take about two hours. You can also take a Fiumicino Express bus directly from Rome Fiumicino airport to downtown Naples near the train station.

By Train

The easiest way to get to the city is by high-speed train from Rome or other major Italian cities. Naples' main train station is **Napoli Centrale** and both **Trenitalia** (www.trenitalia.it) and **Italo Treno** (www.italotreno.it) trains arrive and depart here. It takes about four and a half, five hours to reach Naples from Milan, three hours to reach Naples from Florence, and just over an hour to arrive from Rome.

From the central station to the university area in the city center, you can use the metro (Linea 1 @ Università Station) or the city bus R2. The city center and the University's Main Building is at a 30-minute walking distance from the Central Station

Taxi

Taxis are always available at the airport, at the central station, and in various locations in the city. From the airport the ride into town takes about 30 minutes. Taxis are reliable, but you should make sure you take the official white ones. The fixed rate from the airport to the city center is around 25 euros (https://www.intaxi.it/tariffe-taxi-napoli/). The cost of a ride from the airport to the center can however vary from 20 to 30 euro according to destination and traffic conditions. Taxis from the central station to the University area is around 10-15 euro. After 8 pm costs can be higher: Make sure you can pay in cash as not all taxis in Naples are equipped with digital payment. If you need it, always ask for a receipt.

The AliBus Shuttle

From the Airport you can also opt for Alibus, an airport shuttle that runs every 20 minutes (for routes and tickets: https://www.aeroportodinapoli.it/en/by-bus). The trip into town takes a bit longer on the Alibus, but it's much cheaper than taking a taxi (about 5.10 euros). The Alibus stops at "Napoli Centrale" (the train station in Piazza Garibaldi) and at the Seaport (Porto). From the Airport to the Central station there are several local lines: 3S, C68 & 920.

Local transport

Within the city area local transports are run by ANM company (www.anm.it) serving the main bus routes and the Metro Lines 2 & 6. Metro Line 1 is run by Trenitalia. Public transportation system of Naples includes city buses, funicular lines, regional buses, and Circumvesuviana, Circumfegrea and Cumana train lines.

You can travel with all of these within the city limit, using a Unico ticket or TIC ticket. There are also tickets to reach specific zones of the province of Naples, they are valid in the city too.

- Hourly ticket it lasts 90 minutes from the time the ticket is validated
- Daily ticket it lasts until midnight of the day the ticket is validated
- Weekly ticket and it lasts until midnight of the last day of the week of validity
- Monthly ticket and it lasts until midnight of the last day of the month of validity.

A comfortable way to buy tickets for local transport is the **UNICO App**: https://play.google.com/store/apps/details?id=net.pluservice.unicoc&hl=it&gl=US)

Hourly, daily, weekly, and monthly tickets can be purchased at tobacco shops or newspaper stands. There are ticket machines at many of the railway, metro, and cable railway stations as well as at selected bus stops throughout the city. If you plan to stay in Naples on holiday, we recommend the purchase of **Napoli Pass**, the official digital tourist card of Naples. With **Napoli Pass** you have unlimited transport for 3 or 7 days, the possibility of purchasing special routes in advance (Pompeii, Herculaneum, Caserta), the possibility of purchasing transfers to and from Capodichino airport in advance, as well as discounts at museums.

You can download here the Metro Map:

https://www.anm.it/images/stories/2310 anm mappametro web.pdf

Enjoy your stay

At this Google Maps link you can find some restaurants, bars, and places to visit in Napoli https://maps.app.goo.gl/sjR7Z8aubiw8TahFA

A short visit to Capri

Here's a guide to visit Capri, providing you with directions to get there by hydrofoil or ferry, links for schedules, approximate cost, how to buy tickets, places to visit, and where to eat. To reach Capri from Naples, you can take a ferry or hydrofoil from the Port of Naples, Molo Beverello. Here's how to get there:

From your current location, you can walk, take a taxi, or a bus to reach the Port of Naples, Molo Beverello. Once at the Port of Naples, you'll have several options to reach Capri:

Hydrofoil (quick solution): Hydrofoils are faster than ferries, but they are usually more expensive. You can take a hydrofoil from navigation companies like "NLG" or "SNAV." The cost is about 24 euros per person, one way. Here's the link for hydrofoil schedules and costs: https://www.traghettilines.it/

Ferry (slow but fascinating solution): Ferries are a more economical option compared to hydrofoils, but they take more time to reach Capri. The cost is about 18 euros per person, one way. You can take a ferry from the navigation company "Caremar." Same link for the ferry: https://www.traghettilines.it/

We recommend buying tickets online (they often sell out during the summer months) using the provided link. However, you must visit the ticket office to pick up the paper ticket by showing the code received from the online site (just show the voucher on your phone).

Now let's move on to the itineraries for visiting the points of interest on the island of Capri:

Upon arrival at the Port of Capri, take the funicular (2.2 euros per person) to reach the famous Piazza Umberto I (simply called Piazzetta).

- Piazzetta delle Noci (not to be confused with the main Piazzetta): Beautiful view a short walk away from the center, 20 minutes (1.3 km) from Piazzetta on foot. Here's the link to Piazzetta delle Noci on Google Maps: " https://goo.gl/maps/h4cP1rx9HNdCdFs78
- Arco Naturale: From Piazzetta, you can take a taxi or a bus to reach the Arco Naturale, a unique rock formation. It's a pleasant hike that will take you to the

island's natural beauty. Here's the link to Arco Naturale on Google Maps: https://goo.gl/maps/4KV8r1Z1vr8VzdhE8

- [For experienced walkers] Villa Jovis: One of the imperial residences of the Roman Emperor Tiberius. 27 minutes (1.9 km) from Piazzetta on foot and uphill. It is located at the top of a hill with a spectacular panoramic view. Here's the link to Villa Jovis on Google Maps: https://goo.gl/maps/NTwmi6stLfaj4JhSA
- [For experienced walkers] Villa Lysis: It is located on a hill and is surrounded by a wonderful garden. 39 minutes (2.2 km) from Piazzetta on foot and uphill. Here's the link to Villa Lysis on Google Maps: https://goo.gl/maps/mGGibwVzoWeN9BqZ6

For lunch, we recommend the restaurant *Le Grottelle* (you'll pass by it on your way to Arco Naturale). It offers a panoramic view, delicious dishes, and a cozy atmosphere. Here's the link to Le Grottelle on Google Maps: https://goo.gl/maps/Thcjw6ziZoyasqjR8

For an aperitif, you could visit the *Capri Rooftop Lounge Bar*. It offers a splendid view of the island and a wide selection of drinks. Here's the link to Capri Rooftop Lounge Bar on Google Maps: https://goo.gl/maps/8A16ZZt8RUnAbjqu9

Finally, you could explore the surrounding shops along Via Camerelle. Via Camerelle is an elegant street with luxury boutiques: https://goo.gl/maps/NPyWn9o7oCmRkkYv8

A short visit to Pompei & Herculaneum

Here's a guide to visit the Pompeii and Herculaneum excavations.

1. Reach Porta Nolana/Terminal Circumvesuviana station:

- Make sure to check the train schedules departing for Pompeii and Herculaneum. You can find the updated timetables on the official Circumvesuviana website: Train Timetables | EAV srl (search for Linee Vesuviane Naples-Sorrento www.eavsrl.it/web/orari-linee-ferroviarie.
- From your starting point, make your way to the terminal station of the Circumvesuviana line, which is Napoli Porta Nolana (80142 Napoli), instead of Napoli Garibaldi Centrale. During the high tourist season, many travelers head to the Central Station as well (the 2nd stop of the line), and finding a seat on that train can be challenging since it operates like a metro with high demand. Therefore, opting for Napoli Porta Nolana would be more convenient and comfortable for your journey. At Napoli Piazza Garibaldi, you will see a considerable number of people boarding the train who didn't choose Porta Nolana.

- Once you arrive at the station, look for the signs indicating the Circumvesuviana line.

2. Take the Circumvesuviana towards Sorrento and get off at Pompei Scavi - Villa dei Misteri:

- Purchase a ticket at the Circumvesuviana ticket office. Ask for a ticket to Pompei Scavi
- Villa dei Misteri.
- Board the Circumvesuviana train towards Sorrento (usually platform 3) and get off at Pompei Scavi Villa dei Misteri station. The train journey takes about 35 minutes.

3. Visit the Pompeii excavations:

- From the "Pompei Scavi" station, the Pompeii excavations are just a 2-minute walk away. Follow the signs to the main entrance of the excavations.
- Buy an entrance ticket for the archaeological area either at the site or on the official website https://pompeiisites.org/, which redirects you to the TicketOne provider https://pompeiisites.org/, which redirects you to the TicketOne provider https://www.ticketone.it/artist/scavi-pompei/parco-archeologico-di-pompei-988882/.
- Once inside, you can explore the excavations at your leisure. There are maps available to help you navigate, and you might also consider the option of a tour guide to get indepth information about the ancient city.

4. Visit the Herculaneum excavations:

- After exploring the Pompeii excavations, you can head to the Herculaneum excavations for an even more comprehensive experience. Return to the Pompei Scavi Villa dei Misteri station and take a Circumvesuviana train to Herculaneum Scavi.
- Upon arrival at Herculaneum Scavi, follow the signs to the entrance of the Herculaneum excavations.
- Purchase an entrance ticket (<u>www.ticketone.it/artist/scavi-ercolano/parco-archeologico-di-ercolano-988880</u> and enjoy the exploration of this ancient buried city.

5. Return to Naples:

- To return to Naples, go back to the Herculaneum Scavi station.
- Take a Circumvesuviana train for Naples (Napoli Centrale or Napoli Piazza Garibaldi) and get of the train at Garibaldi.

- Check the return train schedules on the same web page mentioned earlier.

Always remember to check the train schedules before departing, as they may vary. As for ticket costs, refer to the Circumvesuviana website for updated information on ticket prices and how to purchase them. The train in the high season is very busy.

A short visit to Sorrento and the Amalfi Coast

Here is a guide for visiting Sorrento and Amalfi starting from Naples, whether you have a car or not.

From Naples to Sorrento BY CAR:

- Driving Route: From Naples, follow the signs for SS145 towards Sorrento. The journey takes about 1 hour, depending on traffic. Use Maps or preferably Waze.
- Tip: Park your car in the municipal parking lot in Sorrento or in a private parking lot. Sorrento is a small city and easily explored on foot.

IMPORTANT: Remember that the Amalfi Coast Road can be very congested, especially during the summer. If you prefer to avoid the stress of driving or finding parking, the option without a car might be more convenient. Make sure to plan the public transportation schedules well to avoid long waits.

From Naples to Sorrento WITHOUT A CAR:

- Public Transport: Take the Circumvesuviana train from Naples Porta Nolana terminal station to Sorrento (do not take it at Garibaldi Central Station because it's where all tourists board). The journey takes about 1 hour, and there are frequent runs throughout the day.
- Hydrofoil/Ferry: Check departure times on ferryscanner.com and make sure to arrive on time for boarding at the Port of Naples, also known as "Molo Beverello." Purchase a ticket online on ferryscanner.com for the ferry direct to Sorrento (or Amalfi). Remember that you'll need to visit the company's ticket office at the port to exchange your online voucher for a physical ticket for boarding the ship. The ferry will take you to the Port of Sorrento, which is a bit away from the center of Sorrento and uphill (unlike the train, which takes you directly into town), but you can take a taxi or a bus.

From Sorrento to Amalfi BY CAR:

- Driving Route: From Sorrento, take the coastal road SS163, known as the Amalfi Coast Road. The journey is long and scenic, passing through towns like Positano and Amalfi. Be prepared for narrow curves and heavy traffic, especially during the summer.
- Tip: Make several stops along the way to admire the breathtaking views and take photos. Plan your trip to avoid peak traffic hours.

From Sorrento to Amalfi WITHOUT A CAR:

- Public Transport: Take the SITA bus from Sorrento to Amalfi. Buses depart regularly, and the journey takes about 1-2 hours, depending on traffic.
- Recommended: Download the Moovit app for schedules. Plan your itinerary in advance and consider bus timings. You might want to make a stop in Positano along the way.

Some suggestions for places to visit and where to eat in both Amalfi and Sorrento and the average price per person can also be helpful.

What to See in Sorrento:

- Corso Italia: One of Sorrento's main streets, filled with shops, restaurants, and cafes.
- Piazza Tasso: The main square in Sorrento, surrounded by bars and restaurants.
- The historic center: Get lost in the characteristic streets and squares of Sorrento.
- Villa Comunale: A beautiful public park with a panoramic view of the Gulf of Naples.
- Marina Grande: A picturesque fishing port with seafood restaurants.

What to See in Amalfi:

- Piazza del Duomo: Amalfi's main square, dominated by the majestic Cathedral of St. Andrew.
- Cathedral of St. Andrew: A splendid cathedral dating back to the 9th century, with Arab and Norman architectural influences.
- Amalfi Beach: Relax on the beach and enjoy the crystal-clear sea.

Amalfi:

Ristorante Marina Grande: Located along the picturesque beach of Amalfi, this restaurant offers a stunning sea view. Here, you can enjoy delicious dishes made from fresh fish, seafood, and local specialties. Address: Via Marina Grande, 62, Amalfi Average price: Approximately €40-€50 per person without wine

Da Gemma: This traditional trattoria offers typical Amalfi Coast cuisine, including the famous "Scialatielli ai frutti di mare" and "Limoncello di Amalfi." The cozy atmosphere and the hospitality of the staff will enhance your culinary experience. Address: Via Fra Gerardo Sasso, 11, Amalfi. Average price: Approximately €30-€40 per person without wine

Lido Azzurro: Located on the beach in Atrani, near Amalfi, this restaurant offers fresh fish dishes and local specialties. You can savor the authentic flavors of Amalfi Coast cuisine while enjoying a spectacular sea view. Address: Via Lungomare dei Cavalieri, 16, Atrani (Amalfi) Average price: Approximately €35-€45 per person without wine

Sorrento:

Ristorante Zi'Ntonio Mare: This seafront restaurant in Marina Grande serves delicious seafood and fish dishes. You can enjoy a fantastic panoramic view while savoring local specialties like "Parmigiana di Melanzane" and "Tiramisù al Limoncello." Address: Via Marina Grande, 254, Sorrento. Average price: Approximately €40-€50 per person without wine

Ristorante O'Parrucchiano: Located in the heart of Sorrento, this restaurant is famous for its lemon garden and traditional cuisine. You can enjoy dishes like "Pasta con le Zucchine" and "Baba al Limoncello" in a charming and romantic atmosphere. Address: Corso Italia, 71, Sorrento. Average price: Approximately €35-€45 per person without wine

Ristorante II Buco: This restaurant in Sorrento's historic center offers a wide selection of Italian and Mediterranean dishes. From homemade pasta to delicious desserts, you'll find tasty dishes prepared with high-quality ingredients. Address: Via S. Cesareo, 56, Sorrento. Average price: Approximately €30-€40 per person without wine